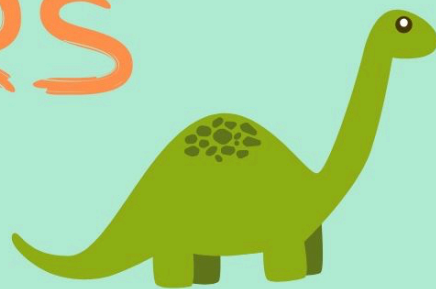




TODDLERS



Activities to do with your little one!

1. Read stories to your child

2. Help them with their ABCs or counting

3. Sing songs with your child. Some suggestions are the ABC song, itsy bitsy spider, and Old Macdonald.

4. Play simple number or letter games. For a letter game, ask your child what letter does the word cat start with. For a number game, come up with simple number scenarios such as "If jack has 2 apples and drops 1, how many apples does Jack have left?"

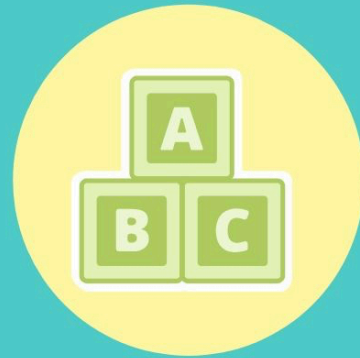


Elementary Children

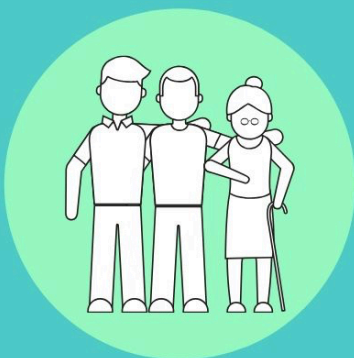
• ACTIVITIES TO DO WITH YOUR KIDS •



HELP WITH
HOMEWORK OR
SPELLING



PLAY THE ALPHABET GAME. START
BY SAYING A WORD THAT BEGINS
WITH THE LETTER A. YOUR CHILD
WOULD THEN NAME A WORD THAT
BEGINS WITH B, AND IT WOULD
CONTINUE THROUGH THE REST OF
THE ALPHABET



TELL YOUR CHILD
POSITIVE STORIES
FROM YOUR CHILDHOOD



READ THEM
FOLKTALES OR
FAIRYTALES

ADOLESCENTS

and activities you can do with them



1. Talk about interests
(ex: video games, tv
shows, sports, etc.)



2. Play games
together



3. Help them with
homework



Pre-School Aged Children

Here are some ideas of things to do while visiting with your child remotely.



Teach your child an interactive song (Ex: "Head, Shoulders, Knees, and Toes")



Sing a song together



Play Simon Says



Practice the ABC's

Draw pictures for each other

Practice counting

Tell your child a funny story

If your child is worried about the virus, reassure them that professionals are working all over the country to solve the problem.

Elementary Age Children

Here are some ideas for things to do while visiting with your child remotely.



Ask your child to read a book to you

Make a funny face and paint or draw a picture of each other's faces



Help your child with their homework or help them spell new words

Read a book to your child - show the pictures

Play charades

Play Tic-Tac-Toe

Teach your pet tricks and have the pet perform live

If your child is worried about the virus... reassure them that professionals are working all over the country to solve the problem.

Middle School Aged Children

Here are some ideas for things to do while visiting with your child remotely.



If your child plays an instrument, have them play it for you



Teach them how to cook something simple (scramble an egg)



Make a dance video - similar to a Tik Tok together

More ideas:

- Create a book club together - talk about the book next time
- Give your child a riddle to solve
- Help your child with their homework
- Make a music playlist of your favorite songs together

If your child is worried about the virus... reassure them that professionals are working all over the country to solve the problem.

High School Aged Children

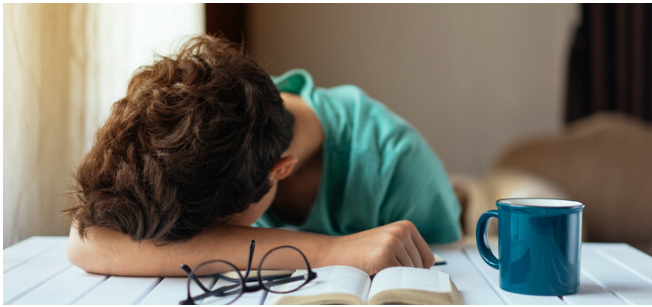
Here are some ideas of things to do while visiting with your child remotely.



Create a book club together



Create a vision board and share it with each other



Have a list of things your child can do if they are bored at home



Find a new hobby to learn together

If your child is worried about the virus, reassure them that professionals are working all over the country to solve the problem.